



tria HEALTH

**FREE CONFIDENTIAL CONSULTATIONS
WITH PHARMACISTS TO MAKE SURE YOUR
MEDICATIONS KEEP YOU HEALTHY & ACTIVE!**



North Central Health Care

Person centered. Outcome focused.

**TRIA HEALTH IS A FREE AND CONFIDENTIAL BENEFIT
AVAILABLE FOR YOU AND YOUR FAMILY THROUGH
YOUR NORTH CENTRAL HEALTH CARE INSURANCE PLAN**

1.888.799.8742 | WWW.TRIAHEALTH.COM

PHARMACY ADVOCATE PROGRAM

WHAT IS IT?

Tria Health's pharmacists are your personal medication experts, working with you and your doctor(s) to make sure your conditions are properly controlled without the risk of medication-related problems.

WHO SHOULD PARTICIPATE?

Members who have the following conditions and/or take multiple medications:

- Diabetes
- Heart Disease
- High Cholesterol
- High Blood Pressure
- Mental Health
- Osteoporosis
- Asthma/COPD
- Migraines

ACTIVE MEMBERS CAN RECEIVE UP TO \$150 A YEAR FOR PARTICIPATING IN TRIA HEALTH

By completing your appointment with a Tria Health pharmacist, you will receive a \$50 Tria Health Visa Rewards gift card. Members can qualify to receive up to \$150 within a 12-month period. You are not required to change your medications, pharmacy or doctor to receive this benefit.

FREE DIABETES TEST STRIPS & WIRELESS METER

Active participants with diabetes will have free access to a wireless blood glucose meter, testing strips and mobile app designed to help better manage your diabetes!



WHY PARTICIPATE?

YOUR TRIA HEALTH PHARMACIST CAN HELP:

- Ensure your medications are working properly, without the risk of side effects
- Identify ways to save money on the cost of your medications
- Answer questions you have about your medications or health
- Communicate with your doctor(s)

Tria Health's pharmacists work one-on-one to develop a personalized plan to help improve your health!

HOW DOES IT WORK?



SIGN UP

There are three ways to sign up:

Call 1.888.799.8742 | Visit www.triahealth.com/enroll | Mail your form



SCHEDULE AN APPOINTMENT

Submit your appointment preferences at www.triahealth.com or call the Tria Health Help Desk at 1.888.799.8742



CONFIDENTIAL CONSULTATION

Your Tria Health pharmacist will call you and review all your medications, preventative services and lifestyle habits.



CARE PLAN

Your pharmacist will develop a personalized care plan and coordinate any recommended changes with your doctor and pharmacy.



QUESTIONS?

CALL THE TRIA HEALTH HELP DESK:

1.888.799.8742

Monday - Thursday: 8AM - 9PM CST

Friday: 8AM - 7PM CST

Saturday: 9AM - 5PM CST

**THE TRIA HEALTH HELP DESK IS YOUR
RESOURCE FOR MEDICATION GUIDANCE**

- Experiencing uncomfortable side effects?
- Looking for less expensive alternatives?
- Need medication recommendations?
- Have a new prescription?

DON'T WAIT - SIGN UP TODAY!

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